

Connect Me

Food for Thought

Join us for lunch and participate in a lively workshop that gives you an opportunity to tell us what kinds of activities you enjoy doing and especially any that you really want to do but your sight loss makes difficult.

We'd like to help to build confidence and skills to enable you to take an active role and help organise some of the activities you enjoy with support from Polly, our Connect Me worker, to help you along.

This is a great opportunity to meet other people with sight loss, find out what they like to do, and learn about opportunities that may be new to you.

It is essential to book, as spaces are limited, if you would to attend please send back the RSVP slip on the reverse to: Polly Price, VNS, 3 Neva Rd, BS23 1YD.

Or telephone Polly on 01934 419393 (Wednesday or Thursday mornings only).

Or email Polly at: connectme@visionns.org.uk

When: Thursday 3rd October 2019, 11:30 to 3:30

Where: The Folk Hall, 95 High Street, Portishead, BS20 6PR

Family and Friends are welcome to join us for coffee and cake at 3.00 to round off the afternoon. Please indicate attendance so we have enough cake!

I would like to attend the Connect Me “Food for Thought event

Name	
Telephone	
Email address (if you have one)	
Please only contact me by phone	
Please only contact me by email	
My friend or family member will join us at 3:30	
I have the following dietary requirements	
I have the following access needs	
I may be able to give someone else a lift to the event	
I need a lift to enable me to attend	

- Small group discussions on tables of 6 with a staff member to help things along
- Share ideas
- Tell us about interests and activities that interest you
- Bring ideas about how we can make things happen
- Enjoy a light lunch and make some new friends

Please book by 20th September.

Vision North Somerset, a charitable incorporated organisation registered in England and Wales with registration number 1165364